

WILD EARTH

Thorsborne Trail

PACKING CHECKLIST



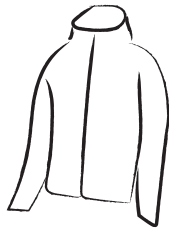
PACK

- 50-60L Hiking Pack
- Waterproof Pack Cover
- Dry Bags/ Sacks
- Lightweight Day Pack (For day trips)



CLOTHING

- Waterproof Jacket & Pants
- 2x Quick Dry Shirts (At Least 1 Long Sleeve)
- 2x Shorts/ Hiking Pants/ Tights
- Lightweight Fleece
- Quick Dry Underwear
- Swimmers
- *Spare Pair Of Pants (Depending On How Muddy The Trails Are)



FOOTWEAR

- Hiking Boots
- Trail Runners or Hiking Sandals
- Min 2x Pairs of Socks
- *Spare Pair Of Shoes (Depending On How Muddy The Trails Are)



SHELTER

- Tent
- Lightweight Tarp/ Footprint

SLEEP SYSTEM

- Lightweight Summer Sleeping Bag
- Packable Camp Pillow
- Sleeping Bag Liner
- Sleeping Pad



COOKING

- Lightweight Hiking Stove
- Fuel
- Matches/ Lighter
- Cook Pot
- Cutlery
- Pocket Knife
- Dishwashing Kit
- TomBag/ Rubbish Bags



FOOD & DRINK

- Meals (3x Breakfast, 4x Lunch, 3x Dinner + 1 Day spare)
- Snacks (Energy bars, Dried Fruit & Nuts)
- Tea/ Coffee/ Soup
- Electrolytes
- Water Bottle/ Bladder (Min 4L Total)
- Cup/ Thermos
- Water Filtration System



HYGIENE/TOILETRIES

- Biodegradable Body Wipes
- Quick Dry Lightweight Towel
- Toothbrush & Toothpaste
- Deodorant
- Personal Medication
- Toilet Paper/ Trowel



SAFETY & EMERGENCY

- First Aid Kit
- Sunscreen
- Insect Repellent (This is a must have!)
- Blister Protection
- Emergency Beacon



NAVIGATION

- GPS Device
- Pre Downloaded Maps

TECH

- Headlamp
- Portable Chargers/ Powerbank
- Solar Charger
- Lantern
- Phone



EXTRAS

- Hiking Poles
- Lightweight Hiking Chair
- Camera
- Binoculars
- Games (Frisbee/ Playing cards/ Puzzles)
- Book/ E-Reader
- Treats (Desserts/ Beverages)
- Physical Map & List of Tide Times
(Handy to have a printed weather forecast to avoid crossing flooded rivers)